

# Power, purpose and potential



## Carlisle Family YMCA GOTR Team



Practice meets twice weekly  
after local school dismissal

8-Week Season Starts Week of March 11, 2024  
5K Celebration May 11, 2024

**FINANCIAL AID  
AVAILABLE!**


Registration Details

Registration Opens January 22, 2024

## Questions?

Contact Justin Rose

 [jrose@carlislefamilyymca.org](mailto:jrose@carlislefamilyymca.org)

 (717) 243-2525

**SCAN ME!**

For more information  
and to register, visit  
[gotrmidstatepa.org](http://gotrmidstatepa.org)



This activity is not sponsored or endorsed by the Carlisle Area School District.